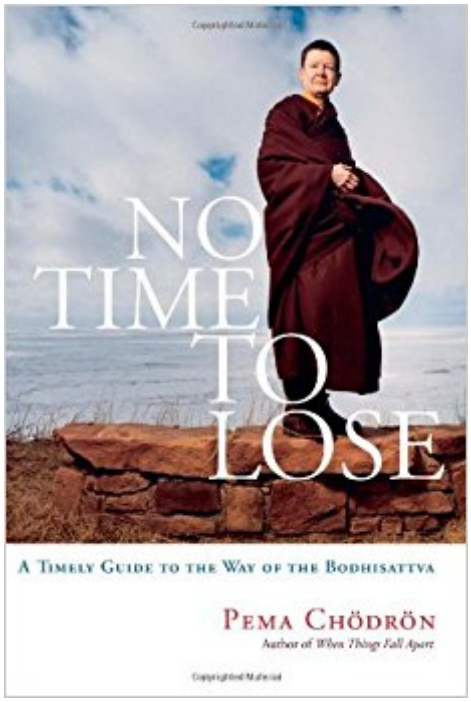
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No Time To Lose: A Timely Guide To The Way Of The Bodhisattva



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Synopsis

Over the years, Pema ChÃƒÂ¶drÃƒÂ¶n's books have offered readers an exciting new way of living: developing fearlessness, generosity, and compassion in all aspects of their lives. In No Time to Lose Pema invites readers to venture further along the path of the "bodhisattva warrior," explaining in depth how we can awaken the softness of our hearts and develop true confidence amid the challenges of daily living. Pema reveals the traditional Buddhist teachings that guide her own life: those of The Way of the Bodhisattva (Bodhicharyavatara), a text written by the eighth-century sage Shantideva. This treasured Buddhist work is remarkably relevant for our times, describing the steps we can take to cultivate courage, caring, and joyÃ¢â ¬â •the keys to healing ourselves and our troubled world. Pema offers us a highly practical and engaging commentary on this essential text, explaining how its profound teachings can be applied to our daily lives.

Book Information

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Customer Reviews

Popular Buddhist teacher ChÃƒÂ¶drÃƒÂ¶n has a surprise for her many readers and students: textual commentary. Her newest book comments at length on an eighth-century text by the Indian Buddhist sage Shantideva. It's a guidebook for developing bodhichitta, an awakened mind that expresses itself in compassionate action to alleviate suffering. The lengthy text will certainly be unfamiliar to beginners, but ChÃƒÂ¶drÃƒÂ¶n is a wise choice for an escort. She is a clear teacher, explaining key terms (the Sanskrit term klesha, for example, may be translated as neurosis or affliction) and making things simple and characteristically plainspoken ("When we are distracted, we

can’t remember anything we’ve studied or read"). She is also the right kind of motivator, telling readers immediately what’s in it for them: this book can inspire those who want to make the world a better place. Readers will need a helpful teacher and patience to take up the challenge offered by the long Buddhist text, which has been important in ChÃƒÂ¶drÃƒÂ¶n’s own study. It’s not a book for beginners or a good introduction to ChÃƒÂ¶drÃƒÂ¶n’s own body of accessible work. But for those wanting depth and greater awareness of the Buddhist canon, this book opens a door. (Nov. 8)
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Ã¢â ¬Å“ChÃƒÂ¶drÃƒÂ¶nÃ¢â ¬â„¢s commentary on ShantidevaÃ¢â ¬â„¢s text is wise yet humble, and always encouraging.Ã¢â ¬Â•Ã¢â ¬â •Yoga Journal Ã¢â ¬Å“No Time to Lose represents the fruition of ChÃƒÂ¶drÃƒÂ¶nÃ¢â ¬â„¢s years of practice and study: a traditional commentary in which passages from The Way of the Bodhisattva are interspersed with her ever-approachable and pithy instructions for daily life.Ã¢â ¬Â•Ã¢â ¬â •Parabola Ã¢â ¬Å“ChÃƒÂ¶drÃƒÂ¶n provides consistently clear expositions of ShantidevaÃ¢â ¬â„¢s sometimes convoluted verses and lines of argument, keeping her eye firmly on the question of how his discussion is relevant to the lives of ordinary people living in modern societies.Ã Â A superlative presentation of the text.Ã¢â ¬Â•Ã¢â ¬â •Buddhadharma Ã¢â ¬Å“In this ambitious and profound work, ChÃƒÂ¶drÃƒÂ¶n hits high stride, creating a wide-ranging, accessible, and soul-stirring commentary on the classic Buddhist text The Way of the Bodhisattva.Ã¢â ¬Â•Ã¢â ¬â •Spirituality and Health Ã¢â ¬Å“ChÃƒÂ¶drÃƒÂ¶n is a clear teacher, explaining key terms and making things simple and characteristically plainspoken.Ã Â She is also the right kind of motivator, telling readers immediately whatÃ¢â ¬â„¢s in it for them: this book can inspire those who want to make the world a better place.Ã¢â ¬Â•Ã¢â ¬â •Publishers Weekly Ã¢â ¬Å“Pema ChÃƒÂ¶drÃƒÂ¶nÃ¢â ¬â„¢s writings have been helpful to countless numbers of people trying to find some ground for their being in this chaotic world.Ã¢â ¬Â•Ã¢â ¬â •Bill Moyers

This is one of my favorite books. It’s all me through a difficult time when a family member was recovering from an accident in another state. This book reinforces personal well-being on an inner level, and encourages a no nonsense approach to holding on to a joyous Spirit perspective while encountering challenges in the world of changes. Pema Chodron illuminates a timeless Buddhist text by Shantidevi and makes the knowledge available to us with a Western train of thought.

I love this book. It is already making a difference in my daily life as I apply Chodron’s writings to my

lived experience. This is not one of her newer texts, yet I think it’s worth reaching back in time and reading it if you haven’t done so already. Excellent wisdom written with genuine compassion and humility - inspiring and instructional. A great book.

Pema Chodron is her usual clear, practical self in this commentary on Shantideva’s Guide to the Way of the Bodhisattva. Not as deep as some commentaries, but quite helpful. She also doesn’t address Ch. 9, on wisdom, which I wish she had.

Pema Chodron hardly needs my endorsement, but this is - once again - a very readable and felt book. As a commentary on Santideva’s Bodhisattvacharyavatara it is as much a great introduction to that classic work as a look into Pema Chodron’s understanding of the path and bodhicitta in particular.

Love, Love, Love Pema Chodron. She is wise and a great teacher

I ADORE Pema Chodron! I have read most of her books and, as a former Christian, they have changed my life dramatically.No Time to Lose is high on my list of beloved Pema writings.I have to have a pen with me when I read because I either am marking each page or bookmarking the page.When I finish all of her books, I will simply go back and read them again.They are that good.

Once again, Pema Chodron brings clarity to the deepest of dharma. I bought this book to help me understand The Way of the Bodhisattva, by Shantideva. I love her writing!

I recently discovered Pema Chodron and have read many of her books and listened to her talks. However, for me, this book is at the top. She mentions Shantideva’s 9th Chapter on Wisdom which is Not presented here and I think there is a great need to hear her presentation of it to complete the text. Perhaps she has already published it and I am not aware. She communicates on such a human level and with true clarity that practically every paragraph has relevance to our lives which can actually be practiced. By hearing Shantideva’s experience and insight into the human condition you may gleam a better understanding of your own.

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